

HOW JESUS REVITALIZES YOUR LIFE

When You're Running On Empty – Part 1

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JOHN 20:19-31

1. HE MEETS YOU WHERE YOU ARE

"It was late that Sunday evening, and the disciples were gathered together behind locked doors, because they were afraid of the authorities. Then Jesus came and stood among them..."

John 20:19a (TEV)

2. HE OFFERS YOU ENCOURAGEMENT

"...then Jesus said 'Peace be with you!'" John 20:19b (TEV)

"Do not worry about anything, but pray and ask God for everything you need, always giving thanks. And God's peace, which is so great we cannot understand it, will keep your hearts and minds in Christ Jesus."

Philippians 4:6-7 (NCV)

3. HE SHOWS YOU HIS LOVE

"As he spoke, he held out his hands for them to see, and he showed them his side. They were filled with joy when they saw their Lord!"

John 20:20 (NLT)

"God showed his great love for us by sending Christ to die for us while we were still sinners."

Romans 5:8 (NLT)

4. HE GRANTS YOU FORGIVENESS

"If you forgive someone's sins, they're gone for good. If you don't forgive sins, what are you going to do with them?"

John 20:23 (Mes)

"Happy is the person whose sins are forgiven, and whose wrongs are pardoned. Happy is the person whom the Lord does not consider guilty anymore."

Psalms 32:1-2 (NCV)

5. HE GIVES YOU HIS PRESENCE

"Then Jesus breathed on them and said to them, 'Receive the Holy Spirit.'" "

John 20:22 (NLT)

"The Spirit that God has given us does not make us timid; instead, his Spirit fills us with power, love, and self-control."

2 Timothy 1:7 (TEV)

6. HE ASSIGNS YOU A NEW PURPOSE

"Then Jesus said again, 'Peace be with you! As the Father sent me, I now send you.'" "

John 20:21 (NCV)

"Go out into the world uncorrupted, like a breath of fresh air in a squalid and polluted society. Provide people with a glimpse of good living and of the living God. Carry the light-giving Message into the night. You must shine among them like stars lighting up the sky."

Philippians 2:15 (Mes/GN)

7. HE UNDERSTANDS YOUR DOUBT

"Now Thomas was not with them when Jesus came. So the other disciples told him, 'We have seen the Lord!' But Thomas said 'Unless I see the nail marks in his hands and put my hand into his side wound, I will not believe it.' A week later the disciples were in the house again, and Thomas was with them. Though the doors were locked, Jesus came and stood among them and said, 'Peace be with you!' Then he said to Thomas, 'Put your finger here; see my hands. Reach out your hand and put it into my side. Stop doubting and believe!' Thomas said to him, 'My Lord and my God!'"

John 20:24-28 (NCV)

"Jesus said, 'You believe because you've seen with your own eyes. Even better blessings are in store for those who believe without seeing.'" "

John 20:29 (Mes)