

THE SEASON OF LOSS
#SermonSeasonOfLoss
Growing in the Seasons of Life - Part 4
Dr. Mark Jackson - July 23, 2017

Ecclesiastes 8:14 Sometimes something useless happens on earth. Bad things happen to good people, and good things happen to bad people... (NCV)

HOW TO RECOVER FROM LIFE'S LOSSES

1. RELEASE MY GRIEF

Matthew 5:4 Blessed are those who mourn, for they will be comforted. (NIV)

Psalms 62:8b Pour out your heart to God, for he is our refuge. (NIV)

2. RECEIVE FROM OTHERS

Galatians 6:2a Carry each other's burdens... (NIV)

Hebrews 12:15a Look after each other so that not one of you will fail to find God's best blessings. (LB)

3. REFUSE TO BE BITTER

Job 21:25 Some have no happiness at all; they live and die with bitter hearts. (TEV)

Hebrews 12:15b Watch out that no bitterness takes root among you, for as it springs up it causes deep trouble hurting many in their spiritual lives. (LB)

Matthew 26:39 "Father! If it is possible, let this cup of suffering be taken away from me. Yet I want your will to be done, not mine." (NLT)

Luke 23:46 Jesus called loudly, "Father, I place my life in your hands!" Then he breathed his last. (MSG)

Habakkuk 3:17-18 Even though the fig trees have no fruit and no grapes grow on the vines, even though the olive crop fails and the fields produce no grain, even though the sheep all die and the cattle stalls are empty, ¹⁸ I will still be joyful and glad, because the LORD God is my savior. (TEV)

1 Thessalonians 5:16 No matter what happens, always be thankful, for this is God's will for you. (LB)

4. REMEMBER WHAT'S IMPORTANT

Luke 12:15b Jesus said... “Life is not measured by how much one owns.” (NCV)

1 Timothy 6:7 We brought nothing into the world, and we can take nothing out of it. (NCV)

5. RELY ON CHRIST

Philippians 4:13 I have learned the secret of being happy at any time in everything that happens, I can do all things through Christ, because he gives me strength. (NCV)

How?

- LEAN on Christ for stability!

Psalms 125:1 Those who trust in the Lord are steady as Mount Zion, unmoved by any circumstance. (LB)

- LISTEN to Christ for direction!

Mark 7:14 Jesus called the people to him and said, "Every person should listen to me and understand what I am saying." (ICB)

- LOOK to Christ for hope!

Jonah 2:7 When I had lost all hope, I turned my thoughts to the Lord. (LB)